

The Analytical Space under Fire

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Preface: What is happening in the social and political space of Ukraine and Russia?

What is 'Maidan' ?

- Short name of the Independence Square at the centre of Kyiv
- Large place at the centre of Ukrainian town when citizens could meet and discuss important problems of social life (like agora or forum)
- Since 'Orange revolution' 2004-2005 – self-organized mass protest movement against the deceiving and corrupt authorities (like 'Occupy Wall street' ?). Euro-Maidan or 'Revolution of Dignity' in 2013-2014 developed this tendency.



What do we have to face?

The destroyed spaces,
destroyed homes, broken
families, trespassed borders,
the invasion, loss of territory -
the collective external situation
of a changed space,
manifestations of insecurity,
instability, chaos, anxiety,
unpredictability, incoherence.



How artists work with the situation?





'Okean Elzy' /Svyatoslav Vakarchuk clip
'Not your war'

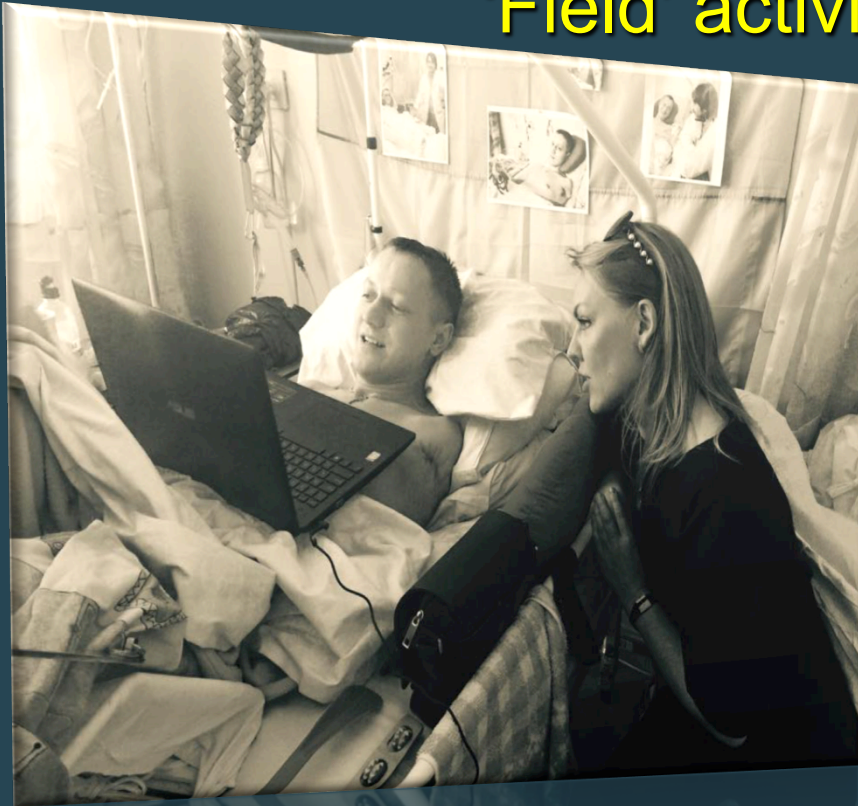
How we are involved and reacting as psychologists?

'...The storm of events does not sweep down upon him [a psychologist] only from the great world outside; he feels the violence of its impact even in the quiet of his consulting-room and in the privacy of the medical consultation. As he has a responsibility towards his patients, he cannot afford to withdraw to the peaceful island of undisturbed scientific work, but must constantly descend into the arena of world events, in order to join in the battle of conflicting passions and opinions. Were he to remain aloof from the tumult, the calamity of his time would reach him only from afar, and his patient's suffering would find neither ear nor understanding. He would be at a loss to know how to talk to him, and to help him out of his isolation. For this reason the psychologist cannot avoid coming to grips with contemporary history, even if his very soul shrinks from the political uproar, the lying propaganda, and the jarring speeches of the demagogues. We need not mention his duties as a citizen, which confront him with a similar task...'

C.G. Jung. Preface to 'Essays on Contemporary Events', CW 10, p. 177.

How are we dealing with it?

'Field' activities



Volunteer work with wounded soldiers at hospitals (photos by Ivanna Budnik)





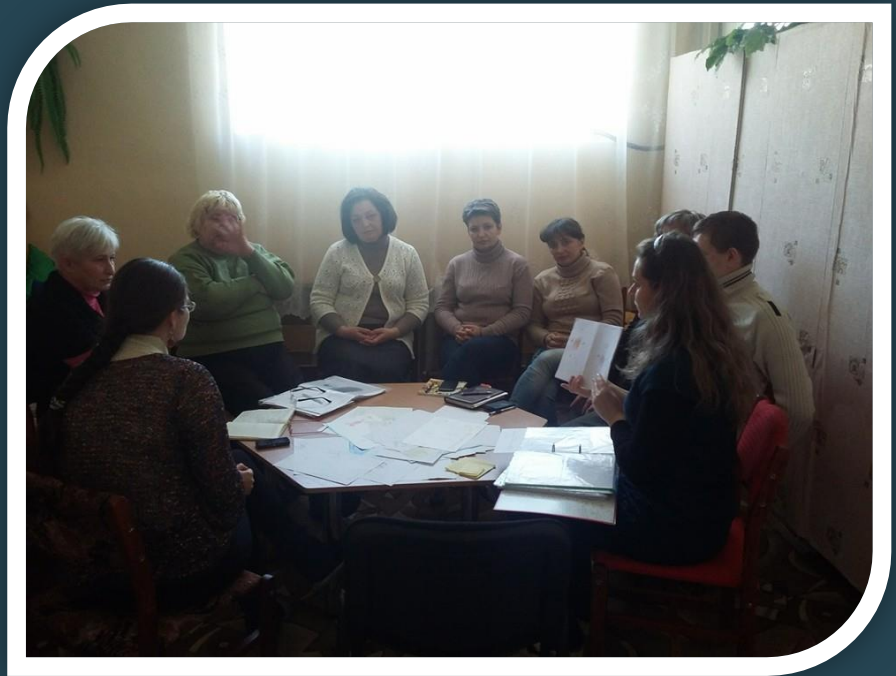
the projects "Dzherelo"
photos by Vlad Kunets.
Inna Kyrylyuk, Darya
Pohilevich, Victoria
Roslik et al. took part in
this work)





Serial Drawing

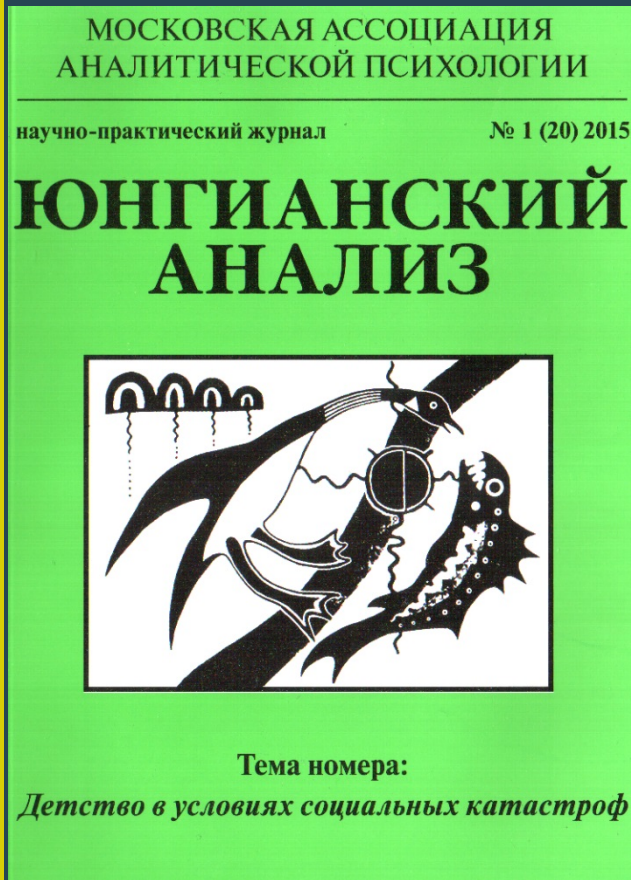




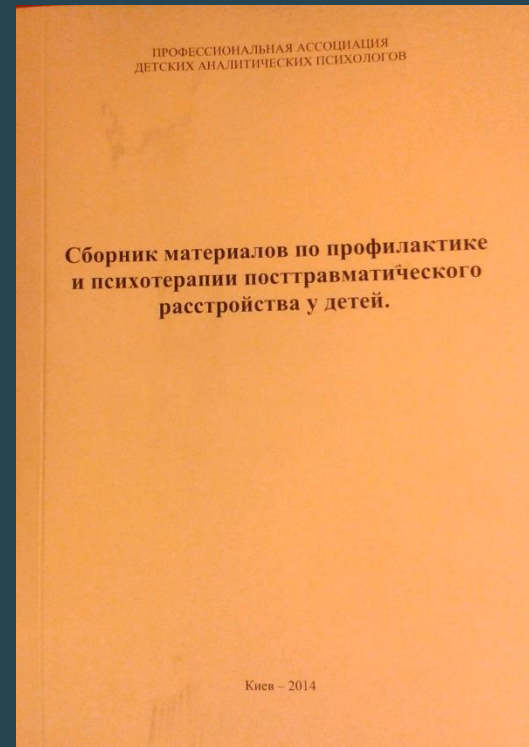
UNICEF PSS educational program in the conflict area Lugansk region by Oxana Zaleskaya & Dmytro Zaleskyi



Publications



- ❑ 'The Collection of Proceedings on Prevention and Psychotherapy of the Post-Traumatic Stress Disorder in Children', PACAP
- ❑ 'Childhood in the Situation of Social Catastrophes', 'Jungian Analysis Journal' #1 - 2015



Kyiv in February 2014



The 'Heavenly Hundred'



Jungian Activities in Kyiv, 2014-2015



- ❑ June 2014: conference of Kyiv DG 'Crisis and Transformation: interaction of the personal and collective in the process of development'
- ❑ March 2015 : Conference for child analytical psychologists with UNICEF experts
- ❑ June 2015: conference of Kyiv DG 'Trauma and Identity: the path of individuation'
- ❑ Panel discussions, Social Dream Matrix

'Psychohistoric Trialog' Conference in Potsdam, May 2015



- ❑ Project initiated in 2013 by Stefan Alder, Dmitro Zalessky, and Elena Purtova.
- ❑ Participants from Germany, Russia, and Ukraine (also from other countries)
- ❑ Platform for discussion and processing, based on individual and family stories, of collective traumas of the 20th century



- ❑ The images, feelings, dreams, songs, individual and family stories that arose in the process helped to bridge experience of the past collective trauma and the involvement in the current events.

Group work projects in Moscow

- ❑ Discussion groups between Jungians in Moscow
- ❑ Regular open seminar - the 'Jungian political laboratory'



Questions for discussion

- How does the external conflict affect our analytical work and work with groups? What is changing, and what is not working any longer?
- What happens to the analytic space and its boundaries during an intense external conflict that involves the analyst or/ and the patient? How does our involvement affect the analytical relationships, our ability to understand the patients and to meet their needs?
- How do we experience the internal split in the analytical process: the friend / the stranger, the aggressor / the victim, the hero / the enemy? Can we come into contact with our Shadow and help our patient do this? How does the identity of the analyst and patient change in times of a conflict and society transformations?
- Could the analysis exist as such during a revolution and a war? Or does it transform into something else?
- In what cases do we feel it impossible to continue analytical work? Are we able to accept it? To admit it to the patient?

How the Analytical Field Has Changed ?

Clinical vignettes

Oksana:

❑ Double Temenos

Clinical vignettes

Yurij:

- ❑ Outer conflict manifests itself through anxiety or catastrophic dreams and statements.
- ❑ Projection of 'enemy' or 'ally' to analyst
- ❑ Social networks as a kind of bigger temenos. The position of analyst can be revealed
- ❑ reactivation of past traumas (incl. transgenerational) on the background of events in society
- ❑ re-interpretation of dreams in terms of collective meaning

Patient's Dream (Russia, woman 43 years old)

She sees a hospital ward, where doctors of the Asian ethnicity do some gastric surgery on a woman. In the same ward, there is another woman, her visitors come there right in their clothes and shoes, ignoring the surgery. The dreamer feels that it is wrong, she is angry with the female doctor who allows that, but she is afraid to express her protest, because then the doctors can do something bad to the patient they are operating on. Suddenly she realizes that it was she who was operated on. She had no energy, no voice, she could only cry...

Thank you for you
attention!

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